



In This Issue...

2

*MOPTA
Convention*

3

*Positive Self-
Talk*

4

*Membership
Rocks!*

5

*PTA Council
Purpose*

6

*A Mindful
Minute*

7

Budget FAQ

8

*STEM Grant
Project
Highlight*

SAVE THE DATE

WHEN:

October 1-3, 2021

WHERE:

Hilton Garden Inn,
Columbia, MO

WHO:

Any Missouri PTA member!
Unit and council officers are strongly
encouraged to attend

REGISTER:

Registration & Pricing Information can be found
here: [https://mopta.org/2021-missouri-pta-
convention/](https://mopta.org/2021-missouri-pta-convention/)

2021 MISSOURI
PTA CONVENTION

10 Positive Self-Talk Phrases Every Person Should Know

www.thepathway2success.com

- 1 **Every day is a fresh start.**
- 2 **I am a work in progress.**
- 3 **Challenges help me grow.**
- 4 **It's okay to feel how I feel.**
- 5 **I'm in charge of my choices.**
- 6 **I am grateful for what I have.**
- 7 **I am enough.**
- 8 **My voice matters.**
- 9 **I am resilient.**
- 10 **I can do tough things with hard work.**



Positive self-talk isn't just a feel-good activity. It empowers kids to manage their emotions, feel confident, and problem-solve on their own.

www.thepathway2success.com

Whether we realize it or not, self-talk is almost always going on inside our heads. This is the voice that encourages us to work through a problem that seems too challenging in the moment. It's the voice that calms us down when we're upset. It's even the voice that reminds us to continue loving ourselves despite of our biggest mistakes.

[Find more about Positive Self Talk by clicking here to view a recent blog post by Pathway 2 Success](#)

Pathway
2 SUCCESS



21-22 MEMBERSHIP THEME



MEMBERSHIP
ROCKS

#MOPTAROCKS

PTA COUNCIL

purpose

Councils serve a vital purpose in the PTA structure. In Missouri, our councils are organized to support local PTAs in a school district. A district can organize a council when they have at least 3 units that are working for the greater good of the school district as a whole. Councils also serve as the first line of support for the local units at any time the local unit has a question about something happening in their local unit.

So you are a new council president, and are not sure what your role is? Here are some steps that will make sure your council is on the right path to success for this school year:

1. Review your council bylaws, and make sure you have everything covered.
2. Contact the presidents of all of the units in your council to make sure they are geared up and ready to go for the start of the school year.
3. Work with the Missouri PTA regional directors to get all of the units in your council in good standing.
4. Talk with other council presidents in your area to pool resources and plan a school of information, or other training events, for the units in your council.
5. Make sure you have the year planned for your council and community-wide events that will support all students in your school district.

As always, if you have questions, feel free to contact a member of the Missouri PTA Board of Managers for help and assistance.

A Mindful Minute

BY JESSICA BROADWAY

Programs & Resource Development

a monthly reminder to take a minute

“Hope has two beautiful daughters, Anger and Courage. Anger at the way things are, and the Courage to see that they do not remain the as they are.”

-Augustine of Hippo

As parents who advocate for children, we must never lose hope that change is indeed possible. I love the above quote as a reminder that hope is multi-dimensional. It's more than just a feeling that passes with the trends. It's steadfast and an anchor of truth.

Two ways to ensure you stay hopeful in your purpose:

1. Surround yourself with others who believe change is possible.
2. Write out a hope statement and place it where you can see it.

I leave you with this. Sometimes our hope can be buried beneath all the times we “*tried*” something and it didn't work out. It can leave us feeling a bit hope-**LESS**. If you're looking to rediscover hope ask yourself this question. **When you look at the world, where do you desire to see change** Then -- Do you have the courage to be part of that change?

If the answer is yes, find a cause already in motion and start to cheer. Show up and share your hope as an encouragement to others.

The world needs more hope givers.

WHAT IS A BUDGET?

A budget is an outline of estimated income and expenses for a twelve-month period based upon the unit's goals or plans of work for that period. A new budget is adopted annually. Best practice is to have the committee meet and develop the proposed budget by April 30th and then presented at the May meeting for approval.

Please make sure to include Convention/Local training as a line item. Both new and repeating officers need this important training to obtain the latest resources, techniques and best practices that are imperative to our educational organization.

WHAT DO WE DO WITH UNSPENT FUNDS WHEN SCHOOL ENDS? SHOULD WE TURN THEM OVER TO THE PRINCIPAL?

All funds can only be spent as approved in the budget. If they are not spent at the end of the school year, then they should be carried over to the following year's budget. The officers cannot arbitrarily decide how to spend or use up funds at the end of the school year. In addition, you should never turn PTA funds over to the school.

Missouri PTA Budget FAQs

More frequently asked questions can be found on our Missouri PTA website at the resource link below.
<https://mopta.org/membership/faq/budget-gets-financial-records/>

HOW MUCH MONEY DO WE NEED TO RUN OUR PTA?

Start by identifying what programs and projects in your plans of work need to be funded. Do not raise money first and then decide how to spend it.

A PTA should raise the amount of money needed to meet its proposed budget. PTA is an educational organization, not a fund-raising organization. Choose wisely the fund-raising activities that best meet your PTA's needs.

WHAT IS "REDUCTION IN THE STATE'S FUNDING FOR EDUCATION AND LOCAL SCHOOL SYSTEM BUDGET CHALLENGES"? SHOULDN'T PTA OFFER TO FILL THE GAPS BY BUYING BOOKS, DESKS, EQUIPMENT, AND EVEN PAYING SALARIES?

Absolutely not! More now than ever PTAs need to Advocate to secure adequate funding for education for all children. PTA is not there to buy the basics or to make up for inequities from one school to another. Use your VOICE to advocate!

IS THERE A LIMIT ON THE AMOUNT OF FUNDS THAT CAN BE CARRIED OVER FROM YEAR TO YEAR?

No. There's no limitation on amount carried over from year to year. However, it is good to carry over at least 2 to 4 months budget to start the year off soundly.

PROJECT LEAD THE WAY

STEM SHOWCASE HOSTED BY LEWIS AND CLARK
ELEMENTARY PTA, WINNERS OF MOPTA'S STEM GRANT

Lewis and Clark Elementary PTA was awarded a \$500 STEM grant from Bayer through their partnership with Missouri PTA in the Spring of 2021. Check out the details of their Project Lead the Way Showcase that earned them this grant.

Lewis and Clark is the Place to Be! What happens when you put a building of teachers together who love kids and seeing students be curious about learning? You get a school that is for kids and a school where kids are thriving! Lewis and Clark has been a three year running (2018-2020) Project

Lead the Way School that teaches through 4 Science Modules throughout the year. During the school year of 18-19 and 19-20, students were able to take their learning out into the community and present to local business partners. It was amazing to see all 600 Trailblazers highlighted in this way!

In a normal year, Pre-COVID, our Trailblazers have presented to authentic audiences that range anywhere from local middle schools and high schools, to local food banks, to local engineering firms, city hall,

veterans being invited into our classrooms, sharing learning at a local library, and so much more! Despite COVID, this year, we were able to take part in a National Conference and share our Story with other teachers, students, and building/district leaders on the impact PLTW has had on our school and our students! Both teachers and students alike were able to share their learning and experience regarding their PLTW journey with other schools who are already Project Lead the Way schools, as well as those schools that are interesting in becoming a PLTW school.



