

## **POSITIVE PEER PRESSURE AND SELF ESTEEM BUILDING PROGRAMS**

- WHEREAS, The Missouri Congress of Parents and Teachers is concerned about substance abuse and other self-destructive behaviors by children and youth;
- WHEREAS, Children and youth are often encouraged to participate in self-destructive behaviors as a result of negative peer pressure;
- WHEREAS, Positive peer pressure is a learned skill that is a helpful alternative to unwanted and unwilling participation in substance abuse and self-destructive behavior;
- WHEREAS, Children and youth respond to programs geared at building their self esteem; therefore, be it
- RESOLVED, That the Missouri Congress of Parents and Teachers, its units and councils, urge their local school districts, in cooperation with local units and/or councils, to offer seminars, literature and classroom activities that teach the methods of positive peer pressure and stress the building of self esteem to children and youth; and be it further
- RESOLVED, That the Missouri Congress of Parents and Teachers encourage its units and councils to recognize, honor and show continued support to schools that initiate and participate in “Positive Peer Pressure” and “Self Esteem Building” programs.

Adopted 1987